


Redstone Select

JUNE 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 <p>REDSTONE VILLAGE</p>	9:30 Walk for Wellness (L) 1 10:00 BANK TRIP 10:00 Water Fitness (AC) 1:30 Basic Aerobics (FC) 1:45 WALMART 3:00 In Stitches (AR)	10:00 Bingo 2 11:00 Fit & Tone (FC) 3:00 Bridge (CR) 3:00 Line Dance (FC) 7:00 Tuesday Trivia (CR)	8:30 Hearing Aid Cleaning (AR) 3 10:00 Water Fitness (AC) 10:30 Gentle Stretching (FC) 11:00 CHORUS (CL) 1:30 Basic Aerobics (FC) 3:30 Great Course (CL)	10:00 Bingo 4 10:00 Cocoa the Therapy Dog (L) 11:00 Fit & Tone (FC) 2:00 Chair Yoga (FC) 3:00 Bridge (CR) 3:00 Mexican Train (CR) 3:30 Bible Study (CL) 6:30 Music w/Marge (L)	9:45 Basic Aerobics (FC) 5 10:00 JOYRIDE 10:00 DONUTS & COFFEE (L) 11:00 Gentle Stretching (FC) 3:00 Rummikub (AR)	10:30 Saving Way Donations (L) 6 3:00 Rummikub (AR) 7:00 Movie Night: <i>The Devil Wears Prada</i> , PG-13 (CL)
11:00 Neurobics 7 Mental Exercises (AR) 3:00 SUNDAY CONCERT: JAMES SMITH, THE AUTOHARP MAN (CL) 4:30 Mexican Train (AR)	9:30 Walk for Wellness (L) 8 10:00 KROGER 10:00 Water Fitness (AC) 1:30 Basic Aerobics (FC) 1:30 Book Club (CL) 1:45 WALMART 2:30 Party Bridge (CR) 3:00 In Stitches (AR)	10:00 Bingo 9 10:30 CATHOLIC MASS LUNCHEON @ GOOD SHEPHERD 11:00 Fit & Tone (FC) 2:45 Blood Pressure Checks w/AMT (L) 3:00 Bridge (CR) 3:00 Line Dance (FC) 7:00 Tuesday Trivia (CR)	10:00 Water Fitness (AC) 10 10:30 Gentle Stretching (FC) 11:00 CHORUS (CL) 1:30 Basic Aerobics (FC) 1:30 REVERSE IT – TYPE 2 DIABETES W/DR. HELEN, PART 1 (CL) 3:30 Great Course (CL)	10:00 Bingo 11 11:00 Fit & Tone (FC) 1:30 REVERSE IT – TYPE 2 DIABETES W/DR. HELEN, PART 2 (CL) 2:00 Chair Yoga (FC) 3:00 Bridge (CR) 3:00 Mexican Train (CR) 3:30 Bible Study (CL) 6:30 Music w/Marge (L)	9:30 Flag Day Program (CL) 12 9:45 Basic Aerobics (FC) 11:00 Gentle Stretching (FC) 3:00 Rummikub (AR) 3:30 ICE, ICE BABY... ICE CREAM PARTY W/TRASHONDA	3:00 Rummikub (AR) 13 7:00 Movie Night: <i>Argo</i> , R (CL)
11:00 Neurobics 14 Mental Exercises (AR) 4:30 Mexican Train (AR) Flag Day	9:30 Walk for Wellness (L) 15 10:00 BANK TRIP 10:00 LIBRARY TRIP 10:00 Water Fitness (AC) 1:00-3:00 PARKWAY PLACE MALL 1:30 Basic Aerobics (FC) 1:45 WALMART 2:30 Party Bridge (CR) 3:00 In Stitches (AR)	10:00 Bingo 16 11:00 Fit & Tone (FC) 1:00 HUNTSVILLE CITY COUNCIL MEMBER JENNIE ROBINSON (CL) 3:00 Bridge (CR) 3:00 Line Dance (FC) 7:00 Tuesday Trivia (CR)	10:00 Water Fitness (AC) 17 10:30 Gentle Stretching (FC) 12:00 BEER & BRATS MEN'S CELEBRATION (DR, SUNNY SIDE) 1:30 Basic Aerobics (FC) 3:30 Great Course (CL)	10:00 Bingo 18 11:00 Fit & Tone (FC) 1:00 SKETCH & PAINT (AR) 2:00 Chair Yoga (FC) 3:00 Bridge (CR) 3:00 Mexican Train (CR) 3:30 Bible Study (CL) 6:30 Music w/Marge (L)	9:45 Basic Aerobics (FC) 19 10:00 JOYRIDE 11:00 Gentle Stretching (FC) 3:00 Rummikub (AR) Junteenth	3:00 Rummikub (AR) 20 7:00 Movie Night: <i>Just Go with It</i> , PG-13 (CL)
11:00 Neurobics 21 Mental Exercises (AR) 3:00 SUNDAY CONCERT: RIP SNOW (CL) 4:30 Mexican Train (AR) Father's Day First Day of Summer	9:30 Walk for Wellness (L) 22 10:00 PUBLIX 10:00 Water Fitness (AC) 1:30 Basic Aerobics (FC) 1:45 WALMART 2:30 Party Bridge (CR) 3:00 In Stitches (AR)	9:30 Catholic Mass (CL) 23 10:00 Bingo 11:00 Fit & Tone (FC) 3:00 Bridge (CR) 3:00 Line Dance (FC) 7:00 Tuesday Trivia (CR)	10:00 Water Fitness (AC) 24 10:30 Gentle Stretching (FC) 1:30 Basic Aerobics (FC) 3:30 Great Course (CL)	10:00 Bingo 25 11:00 Fit & Tone (FC) 1:30 HUNTSVILLE REVISITED: MUSEUM PRESENTATION BY WILLIAM HAMPTON (CL) 2:00 Chair Yoga (FC) 3:00 Bridge (CR) 3:00 Mexican Train (CR) 3:30 Bible Study (CL) 6:30 Music w/Marge (L)	9:45 Basic Aerobics (FC) 26 11:00 Gentle Stretching (FC) 3:00 Rummikub (AR)	3:00 Rummikub (AR) 27 7:00 Movie Night: <i>Miracle</i> , PG (CL)
11:00 Neurobics 28 Mental Exercises (AR) 4:30 Mexican Train (AR)	9:30 Walk for Wellness (L) 29 10:00 Water Fitness (AC) 1:30 Basic Aerobics (FC) 1:45 WALMART 2:30 Party Bridge (CR) 3:00 In Stitches (AR) 3:30 Bingo Auction (CL)	10:00 Bingo 30 11:00 Fit & Tone (FC) 12:00 BIRTHDAY LUNCH (DR) 1:30 FUNCTIONAL PATHWAYS PRESENTATION (CL) 3:00 Bridge (CR) 3:00 Line Dance (FC) 7:00 Tuesday Trivia (CR)			LEGEND: AR = ARTS & CRAFTS ROOM AL = ASSISTED LIVING AC = AQUATIC CENTER BR = BILLIARDS ROOM C = CAFÉ CH = CHAPEL CL = CLUB ROOM C3 = C WING, 3RD FLOOR	CR = CARD ROOM CR2 = CONFERENCE ROOM DR = DINING ROOM FC = FITNESS CENTER FP = FOUNTAIN PLAZA G = GALLERY L = LOBBY PR = POKER ROOM PX = PICKLEPLEX