

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
REDSTONE VILLAGE		<p>Please sign up at Front Desk for all items listed in blue and load bus 15 minutes early.</p> <p>Please sign up at Front Desk for all items listed in bold up to 48 hours in advance.</p>	<p>LEGEND: AR = ARTS & CRAFTS ROOM AC = AQUATIC CENTER C = CAFÉ CH = CHAPEL CL = CLUB ROOM CR = CARD ROOM CR2 = CONFERENCE ROOM DR = DINING ROOM</p>	<p>FC = FITNESS CENTER FP = FOUNTAIN PLAZA G = GALLERY GR = GAME ROOM L = LOBBY PR = POKER ROOM PX = PICKLEPLEX</p>	<p>9:30 TRIP TO SPACE & ROCKET CENTER W/LUNCH @ CHEESECAKE FACTORY 9:45 Basic Aerobics (FC) 10:00 JOYRIDE 10:30 Balance (FC; sign-up only) 11:00 Gentle Stretching (FC) 6:30 Hand & Foot (CR)</p>	<p>9:00 Pickleball (PX) 10:30 Saving Way Donations (L) 3:00 Rummikub (AR) 6:30 HUNTSVILLE SYMPHONY ORCHESTRA: BOLÉRO 7:00 Movie Night: <i>Interstellar</i>, PG-13 (CL)</p>
11:00 Neurobics Mental Exercises (AR) 3:00 SUNDAY CONCERT: "HOORAY FOR HOLLYWOOD" BALLROOM DANCERS BOB & SUSAN (CL) 4:30 Mexican Train (AR)	9:30 Gentle Stretching (FC) 10:00 BANK TRIP 10:00 Water Fitness (AC) 10:00-12:00 Bowling (GR) 10:30 Balance (FC; sign-up only) 11:00 Back Stretch (FC; sign-up only) 1:30 Basic Aerobics (FC) 1:30 Food Committee Meeting (C) 1:45 WALMART 2:30 Party Bridge (CR) 3:00 In Stitches (AR) 3:30 Bingo (CL)	8:45 Back Stretch (FC; sign-up only) 9:15 Rock Steady (FC) 10:15 Circuit Training (FC) 11:00 Fit & Tone (FC) 1:30 Resident Council Planning Committee (CR) 2:30 FA-LA-LA-LA ... FIESTA! (L) 3:00 Bridge (CR) 7:00 Tuesday Trivia (CR)	8:30 Hearing Aid Cleaning (AR) 9:00 Pickleball (PX) 9:30 Balance (FC; sign-up only) 10:00 Water Fitness (AC) 10:30 Gentle Stretching (FC) 11:00 Back Stretch (FC; sign-up only) 1:30 Basic Aerobics (FC) 3:30 Great Course (CL) 3:30 Housekeeping Committee (CR2) 6:30 Mah Jongg (CR)	8:45 Back Stretch (FC; sign-up only) 9:15 Rock Steady (FC) 10:00 Cocoa the Therapy Dog (L) 10:15 Circuit Training (FC) 11:00 Fit & Tone (FC) 1:00 HUNTSVILLE CITY COUNCIL MEMBER JENNIE ROBINSON (CL) 2:00 Chair Yoga (FC) 3:00 Bridge (CR) 3:00 Mexican Train (AR) 3:30 Bible Study (CL) 6:30 Music w/Marge (L) 6:00 BROADWAY THEATER LEAGUE: WATER FOR ELEPHANTS	9:45 Basic Aerobics (FC) 10:30 Balance (FC; sign-up only) 11:00 Gentle Stretching (FC) 1:30 LADIES DAY: TEA AT TIFFANY'S (CL) 3:00 Rummikub (AR) 6:30 Hand & Foot (CR)	9:00 Pickleball (PX) 3:00 Rummikub (AR) 7:00 Movie Night: <i>Breakfast at Tiffany's</i> , G (CL)
11:00 Neurobics Mental Exercises (AR) 3:00 SUNDAY CONCERT: MICHAEL HAVRON (CL) 4:30 Mexican Train (AR)	9:30 Gentle Stretching (FC) 10:00 KROGER 10:00 Water Fitness (AC) 10:00-12:00 Bowling (GR) 10:30 Balance (FC; sign-up only) 11:00 Back Stretch (FC; sign-up only) 1:30 Basic Aerobics (FC) 1:30 Book Club (CL) 1:45 WALMART 2:30 Party Bridge (CR) 3:00 In Stitches (AR) 3:30 Bingo (CL)	8:45 Back Stretch (FC; sign-up only) 9:15 Rock Steady (FC) 10:15 Circuit Training (FC) 10:30 CATHOLIC MASS LUNCHEON @ GOOD SHEPHERD 11:00 Fit & Tone (FC) 2:00 Resident Association Meeting (CL) 2:45 Blood Pressure Checks w/AMT (L) 3:00 Bridge (CR) 3:00 Line Dance (FC) 7:00 Tuesday Trivia (CR)	9:00 Pickleball (PX) 9:30 Balance (FC; sign-up only) 10:00 Water Fitness (AC) 10:30 Gentle Stretching (FC) 11:00 Back Stretch (FC; sign-up only) 1:30 Basic Aerobics (FC) 2:00 Penny Auction (CL) 3:30 Great Course (CL) 6:30 Mah Jongg (CR)	8:45 Back Stretch (FC; sign-up only) 9:15 Rock Steady (FC) 10:15 Circuit Training (FC) 11:00 Fit & Tone (FC) 2:00 Chair Yoga (FC) 3:00 Penny Auction (CL) 3:00 Mexican Train (AR) 3:30 Bible Study (CL) 6:30 Music w/Marge (L)	9:30 FISHING TRIP & PICNIC LUNCH 9:45 Basic Aerobics (FC) 10:00 JOYRIDE 10:30 Balance (FC; sign-up only) 11:00 Gentle Stretching (FC) 3:00 Rummikub (AR) 6:30 Hand & Foot (CR)	9:00 Pickleball (PX) 3:00 Rummikub (AR) 7:00 Movie Night: <i>Walk the Line</i> , PG-13 (CL)
11:00 Neurobics Mental Exercises (AR) 3:00 SUNDAY CONCERT: THOMAS NEELEY (L) 4:30 Mexican Train (AR)	9:30 Gentle Stretching (FC) 10:00 BANK TRIP 10:00 LIBRARY TRIP 10:00 Water Fitness (AC) 10:00-12:00 Bowling (GR) 10:30 Balance (FC; sign-up only) 11:00 Back Stretch (FC; sign-up only) 1:00-3:00 PARKWAY PLACE MALL 1:30 Basic Aerobics (FC) 1:45 WALMART 2:30 Party Bridge (CR) 3:00 In Stitches (AR) 3:30 Bingo (CL)	8:45 Back Stretch (FC; sign-up only) 9:15 Rock Steady (FC) 10:00 STATE PRIMARY ELECTION 10:15 Circuit Training (FC) 11:00 Fit & Tone (FC) 12:00 LUNCH W/ANGIE: VILLAS ODD NUMBERS (DR) 3:00 Bridge (CR) 3:00 Line Dance (FC) 7:00 Tuesday Trivia (CR)	9:00 Pickleball (PX) 9:30 Balance (FC; sign-up only) 10:00 Water Fitness (AC) 10:30 Gentle Stretching (FC) 11:00 Back Stretch (FC; sign-up only) 12:30 Acupressure Therapy (By appointment only) 1:30 Basic Aerobics (FC) 3:00 WINE & WELLNESS W/PREFERRED HOMECARE (L) 3:30 Great Course (CL) 6:30 Mah Jongg (CR)	8:45 Back Stretch (FC; sign-up only) 9:15 Rock Steady (FC) 10:00 Cocoa the Therapy Dog (L) 10:15 Circuit Training (FC) 10:30 GREEN MOUNTAIN PICNIC 11:00 Fit & Tone (FC) 1:00 Sketch & Paint (AR) 2:00 Chair Yoga (FC) 3:00 Bridge (CR) 3:00 Mexican Train (GR) 3:30 Bible Study (CL) 6:30 Music w/Marge (L)	9:45 Basic Aerobics (FC) 10:30 Balance (FC; sign-up only) 11:00 Gentle Stretching (FC) 2:00 Facilities Committee (CR) 3:00 Rummikub (AR) 3:30 WINE & CHEESE: STRAWBERRY SOCIAL W/DISTRICT ONE BAND (CL) 6:30 Hand & Foot (CR)	9:00 Pickleball (PX) 3:00 Rummikub (AR) 7:00 Movie Night: <i>Memphis Belle</i> , PG-13 (CL)
11:00 Neurobics Mental Exercises (AR) 4:30 Mexican Train (AR)	10:00 PUBLIX 10:30 MEMORIAL DAY PROGRAM W/GUEST SPEAKER SGT. MAJOR CYNTHIA HUGHES (CL) 1:45 WALMART 3:00 In Stitches (AR)	8:45 Back Stretch (FC; sign-up only) 9:15 Rock Steady (FC) 9:30 Catholic Mass (CL) 10:15 Circuit Training (FC) 11:00 Fit & Tone (FC) 12:00 BIRTHDAY LUNCH (DR) 1:30 HOSPICE & PALLIATIVE CARE 101 W/SOUTHERNCARE NEW BEACON (CL) 2:00 Landscaping Committee (CR) 3:00 Bridge (CR) 3:00 Line Dance (FC) 7:00 Tuesday Trivia (CR)	9:00 Pickleball (PX) 9:30 Balance (FC; sign-up only) 10:00 Activities Committee (CR) 10:00 Water Fitness (AC) 10:30 Gentle Stretching (FC) 11:00 Back Stretch (FC; sign-up only) 1:30 Basic Aerobics (FC) 2:00 Recycling Committee (CR) 2:00 PREFERRED HOMECARE: GRANDPA'S ATTIC, GRANDMA'S KITCHEN (CL) 3:30 Great Course (CL) 6:30 Mah Jongg (CR)	8:45 Back Stretch (FC; sign-up only) 9:15 Rock Steady (FC) 10:15 Circuit Training (FC) 11:00 Fit & Tone (FC) 1:00 Functional Pathways Presentation (CL) 2:00 Chair Yoga (FC) 3:00 Bridge (CR) 3:00 Mexican Train (AR) 3:30 Bible Study (CL) 6:30 Music w/Marge (L)	9:45 Basic Aerobics (FC) 10:30 Balance (FC; sign-up only) 10:30 LUNCH @ OLD GREENBRIER RESTAURANT IN MADISON 11:00 Gentle Stretching (FC) 3:00 Rummikub (AR) 6:30 Hand & Foot (CR)	9:00 Pickleball (PX) 3:00 Rummikub (AR) 4:45 HUNTSVILLE CHORAL FESTIVAL FINAL CONCERT @ TRINITY UNITED METHODIST CHURCH 7:00 Movie Night: <i>Fences</i> , PG-13 (CL)
11:00 Neurobics Mental Exercises (AR) 3:00 SUNDAY CONCERT: ED BISQUERA (L) 4:30 Mexican Train (AR)						
	Memorial Day					