

Grandview

MAY 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
REDSTONE VILLAGE		Please sign up at Front Desk for all items listed in orange.			9:00 FLYSWATTER VOLLEYBALL 1 10:00 JOYRIDE 11:00 May Day Bingo 2:00 LET'S TAKE A WALK 3:00 DIABETES PREVENTION DISCUSSION W/LAURA FROM HUNTSVILLE HOSPITAL DIABETES CONTROL CENTER	9:00 CHAIR YOGA 2 9:30 Team One Bowling 10:00 Jewelry Making 11:00 Bingo 3:00 Rummikub 3:00 WATER AEROBICS 4:00 Games & Puzzles 7:00 Movie & Popcorn (IL)
10:00 Prayer Circle Social 3 11:00 Cranium Crunches 12:00 AFTERNOON STROLL 12:30-1:30 GRACE TOWNSEND PERFORMING IN DINING ROOM 1:30 Holly the Bird 2:00 Open Wii Bowling 3:00 Sunday Worship 4:00 Crossword Puzzles	9:00 LOW-IMPACT EXERCISE 4 10:00 WATER AEROBICS 10:00 BANK TRIP 10:00 Bingo 11:00 Kings in the Corner 1:30 WALMART 2:00 CHAIR YOGA 3:00 CRAFT PAPER FLOWERS FOR CINCO DE MAYO	9:00 FLYSWATTER VOLLEYBALL 5 9:15 ROCK STEADY 10:00 Loteria 11:00 CINCO DE MAYO SOCIAL 2:00 GENTLE STRETCHING 2:30 MINDFUL BREATHING 3:00 Bible Study w/Gail 4:00 Dominoes Cinco de Mayo	8:00 Hearing Aid Checks 6 9:00 BALANCE 9:30 Team One Bowling 10:00 WATER AEROBICS 10:00 Heart to Heart w/Cookie 11:00 Kings in the Corner 2:00 AFTERNOON STROLL	8:00 FLYING BISCUIT 7 9:00 LOW-IMPACT EXERCISE 9:15 ROCK STEADY 11:00 Skip-Bo 2:00 GENTLE STRETCHING 2:30 ROCKIN' RAY 4:00 Watering Courtyard Flowers	9:00 FLYSWATTER VOLLEYBALL 8 11:00 Bingo 2:00 LET'S TAKE A WALK 3:00 MOTHER'S DAY HIGH TEA W/DELLA 4:00 One-on-One	9:00 CHAIR YOGA 9 9:30 Team One Bowling 10:00 Jewelry Making 11:00 Bingo 3:00 Rummikub 3:00 WATER AEROBICS 4:00 Games & Puzzles 7:00 Movie & Popcorn (IL)
10:00 Prayer Circle Social 10 11:00 Cranium Crunches 12:00 AFTERNOON STROLL 2:00 Open Wii Bowling 3:00 Sunday Worship 4:00 Crossword Puzzles Mother's Day	9:00 LOW-IMPACT EXERCISE 11 10:00 WATER AEROBICS 10:00 Bingo 11:00 Kings in the Corner 1:30 WALMART 2:00 CHAIR YOGA 3:00 MEDICARE 101 W/DEAN JOHNSON	9:00 FLYSWATTER VOLLEYBALL 12 9:15 ROCK STEADY 10:00 Games & Puzzles 11:00 Bingo 2:00 GENTLE STRETCHING 2:30 MINDFUL BREATHING 3:00 Hear Singers & Songs of the 50s	9:00 BALANCE 13 9:30 Team One Bowling 10:00 WATER AEROBICS 10:00 Therapy Dog Cookie in the Common Area 11:00 Kings in the Corner 2:00 AFTERNOON STROLL 3:00 Snow Cones in the Courtyard	9:00 LOW-IMPACT EXERCISE 14 9:15 ROCK STEADY 10:30 SHOGUN JAPANESE STEAK & SUSHI 11:00 Dominoes 2:00 GENTLE STRETCHING 3:00 Trivia Thursday	9:00 FLYSWATTER VOLLEYBALL 15 10:00 JOYRIDE 11:00 Bingo AFTERNOON: KIRK JONES UKUELE MUSIC 2:00 LET'S TAKE A WALK 4:00 One-on-One	9:00 CHAIR YOGA 16 9:30 Team One Bowling 10:00 Jewelry Making 11:00 Bingo 3:00 Rummikub 3:00 WATER AEROBICS 4:00 Games & Puzzles 7:00 Movie & Popcorn (IL)
10:00 Prayer Circle Social 17 11:00 Cranium Crunches 12:00 AFTERNOON STROLL 1:30 Holly the Bird 2:00 Open Wii Bowling 3:00 Sunday Worship 4:00 Crossword Puzzles	9:00 LOW-IMPACT EXERCISE 18 10:00 WATER AEROBICS 10:00 BANK TRIP 10:00 BAILEY COVE LIBRARY 10:00 Bingo 11:00 Kings in the Corner 1:30 WALMART 2:00 CHAIR YOGA 3:00 Manicures	9:00 FLYSWATTER VOLLEYBALL 19 9:15 ROCK STEADY 10:00 Games & Puzzles 11:00 Bingo 2:00 GENTLE STRETCHING 2:30 MINDFUL BREATHING 3:00 BIBLE STUDY W/GAIL 4:00 Dominoes	9:00 BALANCE 20 9:30 Team One Bowling 10:00 WATER AEROBICS 10:00 Heart to Heart w/Cookie 11:00 Kings in the Corner AFTERNOON: JOHN ONDER 2:00 AFTERNOON STROLL 3:00 Bingo Auction	9:00 LOW-IMPACT EXERCISE 21 9:15 ROCK STEADY 10:30 GRIMALDI'S 11:00 Dominoes 2:00 GENTLE STRETCHING 3:00 Resident Council	9:00 FLYSWATTER VOLLEYBALL 22 11:00 Bingo 2:00 LET'S TAKE A WALK 3:00 TOM BOUGHER PERFORMING IN THE VETERANS ROOM 4:00 One-on-One	9:00 CHAIR YOGA 23 9:30 Team One Bowling 10:00 Jewelry Making 11:00 Bingo 3:00 Rummikub 3:00 WATER AEROBICS 4:00 Games & Puzzles 7:00 Movie & Popcorn (IL)
10:00 Prayer Circle Social 24 11:00 Cranium Crunches 12:00 AFTERNOON STROLL 2:00 Open Wii Bowling 3:00 Sunday Worship 4:00 Crossword Puzzles	9:00 LOW-IMPACT EXERCISE 25 10:00 WATER AEROBICS 10:00 BINGO 11:00 Kings in the Corner 1:30 WALMART 2:00 CHAIR YOGA 3:00 MEMORIAL DAY SERVICE W/VETERANS OF ASSISTED LIVING SPEAKING Memorial Day	9:00 FLYSWATTER VOLLEYBALL 26 9:15 ROCK STEADY 10:00 Games & Puzzles 11:00 Bingo 2:00 GENTLE STRETCHING 2:30 MINDFUL BREATHING 3:00 Watering Courtyard Flowers 4:00 Dominoes	9:00 BALANCE 27 9:30 Team One Bowling 10:00 WATER AEROBICS 11:00 Kings in the Corner 2:00 AFTERNOON STROLL 3:00 Devotional & Donuts	9:00 LOW-IMPACT EXERCISE 28 9:15 ROCK STEADY 11:00 Trivia Thursday 2:00 GENTLE STRETCHING 2:30 QAHWTEA COFFEE SHOP	9:00 FLYSWATTER VOLLEYBALL 29 11:00 Bingo 2:00 LET'S TAKE A WALK 4:00 One-on-One	9:00 CHAIR YOGA 30 9:30 Team One Bowling 10:00 Jewelry Making 11:00 Bingo 3:00 Rummikub 3:00 WATER AEROBICS 4:00 Games & Puzzles 7:00 Movie & Popcorn (IL)
10:00 Prayer Circle Social 31 11:00 Cranium Crunches 12:00 AFTERNOON STROLL 2:00 Open Wii Bowling 3:00 Sunday Worship 4:00 Crossword Puzzles						