

Redstone Select

MARCH 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>11:00 Neurobics Mental Exercises (AR) 3:00 Sunday Concert: <i>Tom Boyer</i> (L) 4:30 Mexican Train (AR)</p> <p>1</p>	<p>9:30 Gentle Stretching (FC) 2 10:00 BANK TRIP 10:00 Water Fitness (AC) 10:00-12:00 Bowling (GR) 1:30 Basic Aerobics (FC) 1:45 WALMART 3:00 In Stitches (AR)</p> <p>Purim begins</p>	<p>10:00 Bingo 3 11:00 Fit & Tone (FC) 3:00 Line Dance (FC) 7:00 Tuesday Trivia (CR)</p>	<p>8:30 Hearing Aid Cleaning (AR) 4 10:30 Gentle Stretching (FC) 1:30 Basic Aerobics (FC) 3:00 CHORAL & BELLS VALENTINE'S & ST. PATRICK'S DAY CONCERT (CL)</p>	<p>10:00 Bingo 5 10:00 Cocoa the Therapy Dog (L) 11:00 Fit & Tone (FC) 1:30 TRANSFORM THE WAY YOU AGE W/THE EXERCISE COACH: A PRESENTATION BY THOMAS PALMISANO (CL) 2:00 Chair Yoga (FC) 3:00 Bridge (CR) 3:00 Mexican Train (AR) 3:30 Bible Study (CL) 6:30 Music w/Marge (L)</p>	<p>9:45 Basic Aerobics (FC) 6 10:00 JOYRIDE 11:00 Gentle Stretching (FC) 3:00 Rummikub (AR)</p>	<p>10:30 Saving Way Donations (L) 7 2:30 Rummikub (C) 7:00 Movie Night: <i>Pearl Harbor Part 2, PG-13</i> (CL)</p>
<p>11:00 Neurobics Mental Exercises (AR) 8 3:00 Sunday Concert: <i>Grace Townsend</i> (L) 4:30 Mexican Train (AR)</p> <p>Daylight Saving Time begins</p>	<p>9:30 Gentle Stretching (FC) 9 10:00 KROGER 10:00 Water Fitness (AC) 10:00-12:00 Bowling (GR) 1:30 Basic Aerobics (FC) 1:30 Book Club (CL) 1:45 WALMART 3:00 In Stitches (AR)</p>	<p>10:00 Bingo 10 10:30 CATHOLIC MASS LUNCHEON @ GOOD SHEPHERD 11:00 Fit & Tone (FC) 2:45 Blood Pressure Checks w/AMT (L) 3:00 Line Dance (FC) 7:00 Tuesday Trivia (CR)</p>	<p>10:00 Water Fitness (AC) 11 10:30 Gentle Stretching (FC) 1:30 Basic Aerobics (FC) 3:30 Great Course (CL)</p>	<p>10:00 Bingo 12 11:00 Fit & Tone (FC) 1:00 Magoo the Therapy Dog (L) 1:00-4:00 Sketch & Paint (AR) 2:00 Chair Yoga (FC) 3:00 Bridge (CR) 3:00 Mexican Train (CR) 3:30 Bible Study (CL) 6:30 Music w/Marge (L) 6:30 GAME NIGHT W/WEATHERLY YOUTH GROUP (CL)</p>	<p>9:45 Basic Aerobics (FC) 13 10:00 JOYRIDE 11:00 Gentle Stretching (FC)</p>	<p>2:30 Rummikub (AR) 14 7:00 Movie Night: <i>Where Eagles Dare, PG</i> (CL)</p> <p>Pi Day</p>
<p>11:00 Neurobics Mental Exercises (AR) 15 4:30 Mexican Train (AR)</p>	<p>9:30 Gentle Stretching (FC) 16 10:00 BANK TRIP 10:00 LIBRARY TRIP 10:00 Water Fitness (AC) 10:00-12:00 Bowling (GR) 10:00-12:00 FITNESS ASSESSMENTS W/FUNCTIONAL PATHWAYS (CL) 1:00-3:00 PARKWAY PLACE MALL 1:30 Basic Aerobics (FC) 1:45 WALMART 3:00 In Stitches (AR)</p>	<p>10:00 Bingo 17 11:00 Fit & Tone (FC) 3:30 WINE & CHEESE: GO GREEN FOR ST. PATRICK'S DAY KARAOKE W/DJ BILL (CL) 7:00 Tuesday Trivia (CR)</p> <p>St. Patrick's Day</p>	<p>10:00 Water Fitness (AC) 18 10:30 Gentle Stretching (FC) 11:00 Chorus (CL) 1:00 Hand Bells (CL) 1:30 Basic Aerobics (FC) 3:30 Great Course (CL)</p>	<p>10:00 Cocoa the Therapy Dog (L) 19 10:00 STATE OF THE VILLAGE MEETING (CL) 11:00 Fit & Tone (FC) 2:00 Chair Yoga (FC) 3:00 Bridge (CR) 3:00 Mexican Train (AR) 3:30 Bible Study (CL) 6:30 Music w/Marge (L)</p>	<p>9:45 Basic Aerobics (FC) 20 11:00 Gentle Stretching (FC) 3:00 Rummikub (AR)</p> <p>Spring begins</p>	<p>2:30 Rummikub (AR) 21 7:00 Movie Night: <i>Flicka, PG</i> (CL)</p>
<p>11:00 Neurobics Mental Exercises (AR) 22 4:30 Mexican Train (AR)</p>	<p>9:30 Gentle Stretching (FC) 23 10:00 PUBLIX 10:00 Water Fitness (AC) 10:00-12:00 Bowling (GR) 1:30 Basic Aerobics (FC) 1:45 WALMART 3:00 In Stitches (AR)</p>	<p>11:00 Fit & Tone (FC) 24 7:00 Tuesday Trivia (CR)</p>	<p>10:00 Water Fitness (AC) 25 10:30 Gentle Stretching (FC) 11:00 Chorus (CL) 1:00 Hand Bells (CL) 1:30 Basic Aerobics (FC) 3:30 Great Course (CL)</p>	<p>10:00 Bingo 26 11:00 Fit & Tone (FC) 1:00 Magoo the Therapy Dog (L) 1:30 FUNCTIONAL PATHWAYS PRESENTATION (CL) 2:00 Chair Yoga (FC) 3:00 Bridge (CR) 3:00 Mexican Train (AR) 3:30 Bible Study (CL) 6:30 Music w/Marge (L)</p>	<p>9:45 Basic Aerobics (FC) 27 11:00 Gentle Stretching (FC) 3:00 Rummikub (AR) 3:30 ECLECTIC WINE & CHEESE W/THE LEEDS CONNECTION (CL)</p>	<p>2:30 Rummikub (AR) 28 7:00 Movie Night: <i>The Hunt for Red October, PG</i> (CL)</p>
<p>11:00 Neurobics Mental Exercises (AR) 29 3:00 Sunday Concert: <i>Amelia Adams & Linda Webster</i> (L) 4:30 Mexican Train (AR)</p> <p>Palm Sunday</p>	<p>9:30 Gentle Stretching (FC) 30 10:00 PUBLIX 10:00 Water Fitness (AC) 10:00-12:00 Bowling (GR) 1:30 Basic Aerobics (FC) 1:45 WALMART 3:00 In Stitches (AR)</p>	<p>10:00 Bingo 31 11:00 Fit & Tone (FC) 12:00 BIRTHDAY LUNCH (DR) 3:00 Line Dance (FC) 7:00 Tuesday Trivia (CR)</p>		<p>LEGEND: AR = ARTS & CRAFTS ROOM AL = ASSISTED LIVING AC = AQUATIC CENTER BR = BILLIARDS ROOM C = CAFÉ CH = CHAPEL CL = CLUB ROOM C3 = C WING, 3RD FLOOR</p>	<p>CR = CARD ROOM CR2 = CONFERENCE ROOM DR = DINING ROOM FC = FITNESS CENTER FP = FOUNTAIN PLAZA G = GALLERY L = LOBBY PR = POKER ROOM PX = PICKLEPLEX</p>	<p>REDSTONE VILLAGE</p>