SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
REDSTONE VILLAGE	Please sign up at Front Desk for all items listed in blue and load bus 15 minutes early. Please sign up at Front Desk for all items listed in bold.	**LEGEND:** **AR = ARTS & CRAFTS ROOM** **AL = ASSISTED LIVING** **AC = AQUATIC CENTER** **BR = BILLIARDS ROOM** **C = CAFÉ** **CH = CHAPEL** **CL = CLUB ROOM** **C3 = C WING, 3RD FLOOR**	**CR = CARD ROOM** **CR2 = CONFERENCE ROOM** **DR = DINING ROOM** **FC = FITNESS CENTER** **FP = FOUNTAIN PLAZA** **G = GALLERY** **L = LOBBY** **PR = POKER ROOM** **PX = PICKLEPLEX**	1 2:00 Bridge (CR) 3:00 Mexican Train (AR) ***NO FITNESS CLASSES*** New Year's Day	2 9:45 Basic Aerobics (FC) **10:00 JOYRIDE** 10:30 Balance (FC; sign-up only) 11:00 Gentle Stretching (FC) 1:00 Texas Hold 'Em (PR) 3:00 Penny Auction (CL) 6:30 Hand & Foot (CR) **HOLIDAY CLEAN-UP**	3 9:00 Pickleball (PX) 10:30 Saving Way Donations (L) 2:30 Rummikub (AR) 7:00 Movie Night: *The Help*, PG-13 (CL) **HOLIDAY CLEAN-UP**
4 11:00 Neurobics Mental Exercises (AR) 4:30 Mexican Train (AR) **HOLIDAY CLEAN-UP**	5 9:30 Gentle Stretching (FC) **10:00 BANK TRIP** 10:00 Water Fitness (AC) 10:30 Balance (FC; sign-up only) 11:00 Back Stretch (FC; sign-up only) 1:30 Basic Aerobics (FC) 1:30 Food Committee Meeting (C) **1:45 WALMART** 3:00 In Stitches (AR) 3:00 Party Bridge (CR) 3:30 Bingo (CL) **HOLIDAY CLEAN-UP**	6 8:45 Back Stretch (FC; sign-up only) 9:15 Rock Steady (FC) 10:15 Circuit Training (FC) 11:00 Fit & Tone (FC) 1:30 Resident Council Planning Committee (CL) 3:00 Bridge (CR) 3:00 Line Dance (FC) 7:00 Tuesday Trivia (CR)	7 8:30 Hearing Aid Cleaning (AR) 9:00 Pickleball (PX) 9:30 Balance (FC; sign-up only) 10:00 Water Fitness (AC) 10:30 Gentle Stretching (FC) 11:00 Back Stretch (FC; sign-up only) 11:00 Chorus (CL) 1:00 Hand Bells (CL) 1:30 Basic Aerobics (FC) 3:30 Great Course (CL) 3:30 Housekeeping Committee (CR2) 6:30 Music w/Marge (L) 6:30 Mah Jongg (CR)	8 8:45 Back Stretch (FC; sign-up only) 9:15 Rock Steady (FC) 10:15 Circuit Training (FC) 11:00 Fit & Tone (FC) **12:15 AMC MATINEE MOVIE:** ***SONG SUNG BLUE*** 1:00 Magoo the Therapy Dog (L) 1:00-4:00 Sketch & Paint (AR) **1:30 GRIEF BOOK PRESENTATION W/JOHN HALEY (CL)** 2:00 Bridge (CR) 2:00 Chair Yoga (FC) 3:00 Mexican Train (CR) 3:30 Bible Study (CL)	9 **9:00 CITY HALL TOUR & LUNCH @ THE POPPY & PARLIAMENT** 9:45 Basic Aerobics (FC) 10:30 Balance (FC; sign-up only) 11:00 Gentle Stretching (FC) 1:00 Texas Hold 'Em (PR) 3:00 Rummikub (AR) 6:30 Hand & Foot (CR)	10 9:00 Pickleball (PX) 2:30 Rummikub (AR) 7:00 Movie Night: *Father of the Bride*, PG (CL)
11 11:00 Neurobics Mental Exercises (AR) 3:00 Sunday Concert: *Grace Townsend* (L) 4:30 Mexican Train (AR)	12 **10:00 KROGER** 10:00 Water Fitness (AC) 10:00-12:00 Bowling (BR) 1:30 Basic Aerobics (FC) 1:30 Book Club (CL) **1:45 WALMART** 3:00 In Stitches (AR) 3:00 Party Bridge (CR) 3:30 Bingo (CL) ***LIMITED FITNESS CLASSES***	13 9:15 Rock Steady (FC) 10:15 Circuit Training (FC) **10:30 CATHOLIC MASS LUNCHEON @ GOOD SHEPHERD** 2:00 Resident Association Meeting (CL) 2:45 Blood Pressure Checks w/AMT (L) 3:00 Bridge (CR) 3:00 Line Dance (FC) 7:00 Tuesday Trivia (CR)	14 9:00 Pickleball (PX) 10:00 Water Fitness (AC) 11:00 Chorus (CL) 1:00 Hand Bells (CL) 1:30 Basic Aerobics (FC) 3:30 Great Course (CL) 6:30 Music w/Marge (L) 6:30 Mah Jongg (CR)	15 9:15 Rock Steady (FC) 10:00 Cocoa the Therapy Dog (L) 10:15 Circuit Training (FC) 2:00 Chair Yoga (FC) 2:00 Bridge (CR) 3:00 Mexican Train (AR) 3:30 Bible Study (CL)	16 9:45 Basic Aerobics (FC) **10:00 BANK TRIP** **10:00 LIBRARY TRIP** **10:00 JOYRIDE** 10:30 Balance (FC; sign-up only) 11:00 Gentle Stretching (FC) 1:00 Texas Hold 'Em (PR) 3:00 Rummikub (AR) **3:30 WINE & CHEESE: CHINESE NEW YEAR W/THE LEEDS CONNECTION (CL)** 6:30 Hand & Foot (CR)	17 9:00 Pickleball (PX) 2:30 Rummikub (AR) 7:00 Movie Night: *Jurassic World*, PG-13 (CL)
18 11:00 Neurobics Mental Exercises (AR) 3:00 Sunday Concert: *Jennifer Jonas* (CL) 4:30 Mexican Train (AR)	19 9:30 Gentle Stretching (FC) 10:00 Water Fitness (AC) 10:00-12:00 Bowling (BR) 10:30 Balance (FC; sign-up only) 11:00 Back Stretch (FC; sign-up only) **1:00-3:00 PARKWAY PLACE MALL** 1:30 Basic Aerobics (FC) **1:45 WALMART** 3:00 In Stitches (AR) 3:00 Party Bridge (CR) 3:30 Bingo (CL) Martin Luther King Jr. Day	20 8:45 Back Stretch (FC; sign-up only) 9:15 Rock Steady (FC) 10:15 Circuit Training (FC) 11:00 Fit & Tone (FC) **2:00 SOUP & CHILI COOK-OFF (CL)** 3:00 Bridge (CR) 3:00 Line Dance (FC) **6:00 DEMENTIA SUPPORT GROUP (CL)** 7:00 Tuesday Trivia (CR)	21 9:00 Pickleball (PX) 9:30 Balance (FC; sign-up only) 10:00 Water Fitness (AC) 10:30 Gentle Stretching (FC) 11:00 Back Stretch (FC; sign-up only) 11:00 Chorus (CL) 1:00 Hand Bells (CL) 1:30 Basic Aerobics (FC) 3:00 Wine & Wellness w/Preferred Homecare (L) 3:30 Great Course (CL) 6:30 Music w/Marge (L) 6:30 Mah Jongg (CR)	22 8:45 Back Stretch (FC; sign-up only) 9:15 Rock Steady (FC) 10:15 Circuit Training (FC) 11:00 Fit & Tone (FC) 1:00 Magoo the Therapy Dog (L) **1:30 RV WEBSITE 101 (CL)** 2:00 Chair Yoga (FC) 2:00 Bridge (CR) 3:00 Mexican Train (AR) 3:30 Bible Study (CL)	23 9:45 Basic Aerobics (FC) **10:30 FIELD DAY: LUNCH & GAMES** 10:30 Balance (FC; sign-up only) 11:00 Gentle Stretching (FC) 1:00 Texas Hold 'Em (PR) 2:00 Facilities Committee (CR) 3:00 Rummikub (AR) 6:30 Hand & Foot (CR)	24 9:00 Pickleball (PX) 2:30 Rummikub (AR) 7:00 Movie Night: *RV*, PG (CL)
25 11:00 Neurobics Mental Exercises (AR) 4:30 Mexican Train (AR)	26 9:30 Gentle Stretching (FC) **10:00 PUBLIX** 10:00 Water Fitness (AC) 10:00-12:00 Bowling (BR) 10:30 Balance (FC; sign-up only) 11:00 Back Stretch (FC; sign-up only) 1:30 Basic Aerobics (FC) **1:45 WALMART** 3:00 In Stitches (AR) 3:00 Party Bridge (CR) 3:30 Bingo (CL)	27 8:45 Back Stretch (FC; sign-up only) 8:45 Activities Committee (CR) 9:15 Rock Steady (FC) 9:30 Catholic Mass (CL) 10:15 Circuit Training (FC) 11:00 Fit & Tone (FC) **12:00 BIRTHDAY LUNCH (DR)** 1:30 Functional Pathways Presentation (CL) 2:00 Landscaping Committee (CR) 3:00 Bridge (CR) 3:00 Line Dance (FC) 7:00 Tuesday Trivia (CR)	28 9:00 Pickleball (PX) 9:30 Balance (FC; sign-up only) 10:00 Water Fitness (AC) 10:30 Gentle Stretching (FC) 11:00 Back Stretch (FC; sign-up only) 11:00 Chorus (CL) 1:00 Hand Bells (CL) 1:30 Basic Aerobics (FC) 2:00 Recycling Committee (CR) 3:30 Great Course (CL) 6:30 Music w/Marge (L) 6:30 Mah Jongg (CR)	29 8:45 Back Stretch (FC; sign-up only) 9:15 Rock Steady (FC) 10:15 Circuit Training (FC) 11:00 Fit & Tone (FC) 2:00 Chair Yoga (FC) 2:00 Bridge (CR) 3:00 Mexican Train (AR) 3:30 Bible Study (CL) **6:00 BROADWAY THEATER LEAGUE:** ***THE SOUND OF MUSIC***	30 9:45 Basic Aerobics (FC) 10:30 Balance (FC; sign-up only) 11:00 Gentle Stretching (FC) 1:00 Texas Hold 'Em (PR) 3:00 Rummikub (AR) **3:30 WINE & CHEESE: BABY, IT'S COLD OUTSIDE W/RAY POLLARD (CL)** 6:30 Hand & Foot (CR)	31 9:00 Pickleball (PX) 2:30 Rummikub (AR) 7:00 Movie Night: *The Dark Knight*, PG-13 (CL)