

<p>REDSTONE VILLAGE</p>	<p>LEGEND: AR = ARTS & CRAFTS ROOM AL = ASSISTED LIVING AC = AQUATIC CENTER BR = BILLIARDS ROOM C = CAFÉ CH = CHAPEL CL = CLUB ROOM C3 = C WING, 3RD FLOOR</p>	<p>CR = CARD ROOM CR2 = CONFERENCE ROOM DR = DINING ROOM FC = FITNESS CENTER FP = FOUNTAIN PLAZA G = GALLERY L = LOBBY PR = POKER ROOM PX = PICKLEPLEX</p>	<p>Please sign up at Front Desk for all items listed in blue and load bus 15 minutes early.</p> <p>Please sign up at Front Desk for all items listed in bold.</p>	<p>8:45 Back Stretch (FC; sign up only) 1 9:15 Rock Steady (FC) 10:00 Cocoa the Therapy Dog (L) 10:15 Circuit Training (FC) 11:00 Fit & Tone (FC) 2:30 Duplicate Bridge (CR) 3:00 Mexican Train (AR) 7:00 Bible Study (CL)</p>	<p>9:45 Basic Aerobics (FC) 2 10:30 Balance (FC; sign up only) 11:00 Gentle Stretching (FC) 1:00 Texas Hold 'Em (PR) 3:00 Rummikub (AR) 3:45 CITY HALL ART TOUR & DINNER @ RHYTHM ON MONROE 6:30 Hand & Foot (CR)</p>	<p>8:30 Pickleball (PX) 3 2:30 Rummikub (AR) 7:00 Movie Night: <i>The Money Pit</i>, PG (CL)</p>
<p>11:00 Neurobics Mental Exercises (AR) 4 3:00 Sunday Concert: Jennifer Jonas (CL) 5:30 Mexican Train (AR)</p>	<p>9:30 Gentle Stretching (FC) 5 9:30 Wii Bowling (BR) 10:00 BANK TRIP 10:00 Water Fitness (AC) 10:30 Balance (FC; sign up only) 11:00 Back Stretch (FC; sign up only) 1:30 Food Committee (C) 1:30 Wii Bowling (BR) 1:30 Basic Aerobics (FC) 1:45 WALMART 2:30 Fa-La-La-La ... Fiesta! (L) 3:00 In Stitches (AR) 3:30 Bingo (CL) Cinco de Mayo</p>	<p>8:45 Back Stretch (FC; sign up only) 6 9:15 Rock Steady (FC) 10:15 Circuit Training (FC) 11:00 Fit & Tone (FC) 2:00 Resident Council Planning Committee (CR) 3:00 Bridge (CR) 3:30 Line Dance (FC) 7:00 Tuesday Trivia (CR)</p>	<p>8:30 Hearing Aid Cleaning (AR) 7 9:30 Southside Presbyterian Prayer Service (CH) 9:30 Balance (FC; sign up only) 10:00 Water Fitness (AC) 10:30 Balance (FC; sign up only) 11:00 Chorus (CL) 11:00 Back Stretch (FC; sign up only) 1:00 Hand Chimes (CL) 1:30 Basic Aerobics (FC) 3:30 Housekeeping Committee (CR2) 3:30 Great Course: Skeptics Guide to American History (CL) 6:30 Music w/Marge (L) 6:30 Mah Jongg (CR)</p>	<p>8:45 Back Stretch (FC; sign up only) 8 9:15 Rock Steady (FC) 10:15 Circuit Training (FC) 11:00 Fit & Tone (FC) 2:00 Fraud & Scam Awareness Speakers (CL) 3:00 Mexican Train (AR) 6:00 LES MISÉRABLES @ THE VON BRAUN CENTER (TICKET HOLDERS ONLY) 7:00 Bible Study (CL)</p>	<p>9:45 Basic Aerobics (FC) 9 10:30 Balance (FC; sign up only) 11:00 Gentle Stretching (FC) 11:00-1:00 MAMMA MIA LADIES DAY GREEK PARTY (CL) 1:00 Texas Hold 'Em (PR) 3:00 Rummikub (AR) 3:30 Mix & Mingle w/Al Keith (CL) 6:30 Hand & Foot (CR) 7:00 Movie Night</p>	<p>8:30 Pickleball (PX) 10 2:30 Rummikub (AR) 7:00 Movie Night: <i>Out of Africa</i>, PG (CL)</p>
<p>11:00 Neurobics Mental Exercises (AR) 11 5:30 Mexican Train (AR)</p> <p>Mother's Day</p>	<p>9:30 Gentle Stretching (FC) 12 9:30 Wii Bowling (BR) 10:00 KROGER 10:00 Water Fitness (AC) 10:30 Balance (FC; sign up only) 11:00 Back Stretch (FC; sign up only) 1:30 Wii Bowling (BR) 1:30 Basic Aerobics (FC) 1:45 WALMART 3:00 In Stitches (AR) 3:30 Bingo (CL)</p>	<p>8:45 Back Stretch (FC; sign up only) 13 9:15 Rock Steady (FC) 10:30 CATHOLIC MASS LUNCHEON @ GOOD SHEPHERD 10:15 Circuit Training (FC) 11:00 Fit & Tone (FC) 12:00 Lunch w/Angie: Villas; Odd Numbers (DR) 2:00 Resident Council (CL) 2:45 Blood Pressure Checks w/AMT (L) 3:00 Bridge (CR) 3:30 Line Dance (FC) 7:00 Tuesday Trivia (CR)</p>	<p>9:30 Southside Presbyterian Prayer Service (CH) 14 9:30 Balance (FC; sign up only) 10:00 Water Fitness (AC) 10:30 Balance (FC; sign up only) 11:00 Chorus (CL) 11:00 Back Stretch (FC; sign up only) 1:00 Hand Chimes (CL) 1:30 Basic Aerobics (FC) 3:30 Great Course: Skeptics Guide to American History (CL) 6:30 Music w/Marge (L) 6:30 Mah Jongg (CR)</p>	<p>8:45 Back Stretch (FC; sign up only) 15 9:15 Rock Steady (FC) 10:00 Cocoa the Therapy Dog (L) 10:15 Circuit Training (FC) 11:00 Fit & Tone (FC) 1:00 BAILEY COVE LIBRARY TRIP 1:00-4:00 Sketch & Paint (AR) 2:30 Duplicate Bridge (CR) 7:00 Bible Study (CL)</p>	<p>9:00 SIGNALS MUSEUM & LUNCH @ TUPELO HONEY 9:45 Basic Aerobics (FC) 16 10:30 Balance (FC; sign up only) 11:00 Gentle Stretching (FC) 1:00 Texas Hold 'Em (PR) 2:00 Mental Health Awareness Presentation (CL) 3:00 Rummikub (AR) 6:30 Hand & Foot (CR)</p>	<p>8:30 Pickleball (PX) 17 2:30 Rummikub (AR) 7:00 Movie Night: <i>The Hobbit</i>, PG-13 (CL)</p>
<p>9:30 Southside Presbyterian Church Service (CL) 18 11:00 Neurobics Mental Exercises (AR) 3:00 Sunday Concert: Hiptide Beach Band (CL) 5:30 Mexican Train (AR)</p>	<p>9:30 Gentle Stretching (FC) 19 9:30 Wii Bowling (BR) 10:00 BANK TRIP 10:00 Water Fitness (AC) 10:30 Balance (FC; sign up only) 11:00 Back Stretch (FC; sign up only) 1:00-3:00 PARKWAY PLACE MALL 1:30 Basic Aerobics (FC) 1:45 WALMART 3:00 In Stitches (AR) 3:30 Bingo (CL)</p>	<p>8:45 Back Stretch (FC; sign up only) 20 9:15 Rock Steady (FC) 10:15 Circuit Training (FC) 11:00 Fit & Tone (FC) 3:00 Bridge (CR) 3:30 Line Dance (FC) 7:00 Tuesday Trivia (CR)</p>	<p>9:30 Southside Presbyterian Prayer Service (CH) 21 9:30 Balance (FC; sign up only) 10:00 Water Fitness (AC) 10:30 Balance (FC; sign up only) 11:00 Back Stretch (FC; sign up only) 11:00 Chorus (CL) 1:00 Hand Chimes (CL) 1:30 Basic Aerobics (FC) 2:30 WINE & WELLNESS W/PREFERRED HOMECARE (CL) 3:30 Great Course: Skeptics Guide to American History (CL) 6:30 Music w/Marge (L) 6:30 Mah Jongg (CR)</p>	<p>8:45 Back Stretch (FC; sign up only) 22 9:15 Rock Steady (FC) 10:15 Circuit Training (FC) 11:00 Fit & Tone (FC) 3:00 Mexican Train (AR) 7:00 Bible Study (CL)</p>	<p>9:45 Basic Aerobics (FC) 23 10:30 Balance (FC; sign up only) 10:30 GREEN MOUNTAIN PICNIC 11:00 Gentle Stretching (FC) 1:00 Texas Hold 'Em (PR) 2:00 Facilities Committee (CR) 3:00 Penny Auction (CL) 6:30 Hand & Foot (CR)</p>	<p>8:30 Pickleball (PX) 24 2:30 Rummikub (AR) 7:00 Movie Night: <i>The Bodyguard</i>, PG-13 (CL)</p>
<p>11:00 Neurobics Mental Exercises (AR) 25 5:30 Mexican Train (AR)</p>	<p>10:00 PUBLIX 1:45 WALMART 3:00 In Stitches (AR)</p> <p>Memorial Day</p>	<p>8:45 Back Stretch (FC; sign up only) 27 8:45 Activities Committee (CR) 9:15 Rock Steady (FC) 9:30 Catholic Mass (CL) 10:15 Circuit Training (FC) 11:00 Fit & Tone (FC) 2:00 Landscaping Committee (CR) 3:00 Bridge (CR) 3:30 Line Dance (FC) 7:00 Tuesday Trivia (CR)</p>	<p>9:30 Southside Presbyterian Prayer Service (CH) 28 9:30 Balance (FC; sign up only) 10:00 Water Fitness (AC) 10:30 Balance (FC; sign up only) 11:00 Chorus (CL) 11:00 Back Stretch (FC; sign up only) 12:00 BIRTHDAY LUNCH (DR) 1:00 Hand Chimes (CL) 1:30 Basic Aerobics (FC) 2:00 Recycling Committee (CR) 3:30 Great Course: Skeptics Guide to American History (CL) 6:30 Music w/Marge (L) 6:30 Mah Jongg (CR)</p>	<p>8:45 Back Stretch (FC; sign up only) 29 9:15 Rock Steady (FC) 10:15 Circuit Training (FC) 11:00 Fit & Tone (FC) 2:30 Duplicate Bridge (CR) 3:00 Mexican Train (AR) 7:00 Bible Study (CL)</p>	<p>9:45 Basic Aerobics (FC) 30 10:30 Balance (FC; sign up only) 11:00 Gentle Stretching (FC) 1:00 Texas Hold 'Em (PR) 3:00 Rummikub (AR) 3:30 Aloha Pool Party w/Canned Music (AC) 6:30 Hand & Foot (CR)</p>	<p>8:30 Pickleball (PX) 31 2:30 Rummikub (AR) 4:45 HUNTSVILLE MASTER CHORALE CONCERT 7:00 Movie Night: <i>The Miracle Club</i>, PG-13 (CL)</p>