



Redstone SELECT

January 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>LEGEND: AR = ARTS & CRAFTS ROOM AL = ASSISTED LIVING AC = AQUATIC CENTER BR = BILLIARDS ROOM C = CAFÉ</p>	<p>CH = CHAPEL CL = CLUB ROOM C3 = C WING, 3RD FLOOR CR = CARD ROOM CR2 = CONFERENCE ROOM DR = DINING ROOM</p>	<p>FC = FITNESS CENTER FP = FOUNTAIN PLAZA G = GALLERY L = LOBBY PR = POKER ROOM PX = PICKLEPLEX</p>	<p>6:30 Music w/Marge (L) ¹</p>  <p>New Year's Day</p>	<p>10:00 Bingo ² 7:00 Bible Study (CL)</p> <p>HOLIDAY CLEAN-UP</p>	<p>10:30 Balance (FC) ³ 11:00 Gentle Stretching (FC)</p> <p>HOLIDAY CLEAN-UP</p>	<p>2:30 Rummikub (AR) ⁴ 7:00 Movie Night: <i>The Legend of Bagger Vance</i>, PG-13 (CL)</p>
<p>11:00 Neurobics ⁵ Mental Exercises (AR) 3:00 Sunday Concert: <i>Jackson Love</i> (CL)</p>	<p>9:30 Gentle Stretching (FC) ⁶ 10:00 BANK TRIP 10:30 Balance (FC) 1:45 WALMART</p>	<p>10:00 Bingo ⁷ 11:00 Fit & Tone (FC)</p>	<p>9:30 Southside ⁸ Presbyterian Prayer Service (CH) 10:30 Balance (FC) 1:15 ABRAHAM LINCOLN VISITS (C) 6:30 Music w/Marge (L)</p>	<p>10:00 Bingo ⁹ 11:00 Fit & Tone (FC) 1:00 Sketch & Paint (AR) 7:00 Bible Study (CL)</p>	<p>8:30 FESTIVAL OF ¹⁰ CRANES & LUNCH 10:30 Balance (FC) 11:00 Gentle Stretching (FC) 3:30 Wine & Cheese: Mix & Mingle (CL)</p>	<p>2:30 Rummikub (AR) ¹¹ 7:00 Movie Night: <i>Catch Me if You Can</i>, PG-13 (CL)</p>
<p>11:00 Neurobics ¹² Mental Exercises (AR) 2:30 Opera in the Club Room: <i>Barber of Seville</i> (CL)</p>	<p>9:30 Gentle Stretching (FC) ¹³ 10:00 KROGER 10:30 Balance (FC) 1:45 WALMART</p>	<p>10:00 Bingo ¹⁴ 11:00 Fit & Tone (FC) 2:45 Blood Pressure Checks w/AMT</p>	<p>9:30 Southside ¹⁵ Presbyterian Prayer Service (CH) 10:30 Balance (FC) 3:30 Great Course: Vietnam War (CL) 6:30 Music w/Marge (L)</p>	<p>10:00 Bingo ¹⁶ 11:00 Fit & Tone (FC) 1:00 BAILEY COVE LIBRARY TRIP 7:00 Bible Study (CL)</p>	<p>10:30 Balance (FC) ¹⁷ 11:00 Gentle Stretching (FC)</p>	<p>7:00 Movie Night: ¹⁸ <i>The Bucket List</i>, PG-13 (CL)</p>
<p>11:00 Neurobics ¹⁹ Mental Exercises (AR) 3:00 Sunday Concert: <i>Alan Little</i> (CL)</p>	<p>9:30 Gentle Stretching (FC) ²⁰ 10:00 BANK TRIP 10:30 Balance (FC) 1:45 WALMART</p> <p>Martin Luther King Jr. Day</p>	<p>10:00 Bingo ²¹ 11:00 Fit & Tone (FC) 12:00 Lunch w/Angie</p>	<p>9:30 Southside ²² Presbyterian Prayer Service (CH) 10:30 Balance (FC) 3:30 Great Course (CL) 6:30 Music w/Marge (L)</p>	<p>10:00 Bingo ²³ 11:00 Fit & Tone (FC) 2:00 Soup Cookoff (CL) 7:00 Bible Study (CL)</p>	<p>10:30 Balance (FC) ²⁴ 11:00 Gentle Stretching (FC)</p>	<p>7:00 Movie Night: ²⁵ <i>Big</i>, PG (CL)</p>
<p>11:00 Neurobics ²⁶ Mental Exercises (AR) 3:00 Sunday Concert: <i>Cheryl Wade</i> (CL)</p>	<p>9:30 Gentle Stretching (FC) ²⁷ 10:00 PUBLIX 10:30 Balance (FC) 1:45 WALMART</p>	<p>10:00 Bingo ²⁸ 10:00 & 2:00 Tim Royer Presentation: "The Power of Your Amazing Brain" 11:00 Fit & Tone (FC)</p>	<p>9:30 Southside ²⁹ Presbyterian Prayer Service (CH) 10:30 Balance (FC) 3:30 Great Course: (CL) 6:30 Music w/Marge (L)</p> <p>Chinese New Year</p>	<p>10:00 Bingo ³⁰ 11:00 Fit & Tone (FC) 2:00 New Year, New Me Fashion Show (DR) 7:00 Bible Study (CL)</p>	<p>10:30 Balance (FC) ³¹ 11:00 Gentle Stretching (FC) 3:30 Wine & Cheese: Hollywood Theme w/The Swing Kings (CL)</p>	 <p>REDSTONE VILLAGE</p>