

Redstone SELECT

November 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 <p>REDSTONE VILLAGE</p>	<p>LEGEND: AR = ARTS & CRAFTS ROOM AL = ASSISTED LIVING AC = AQUATIC CENTER BR = BILLIARDS ROOM C = CAFÉ</p>	<p>CH = CHAPEL CL = CLUB ROOM C3 = C WING, 3RD FLOOR CR = CARD ROOM CR2 = CONFERENCE ROOM DR = DINING ROOM</p>	<p>FC = FITNESS CENTER FP = FOUNTAIN PLAZA G = GALLERY L = LOBBY PR = POKER ROOM PX = PICKLEPLEX</p>		<p>9:45 Basic Aerobics (FC) ¹ 10:30 Balance (FC) 2:00 Rummikub</p> <p>Diwali (Hindu)</p>	<p>2:30 Rummikub (AR) ² 7:00 Movie Night: <i>Something's Gotta Give</i>, PG-13 (CL)</p>
<p>3:00 Sunday Concert: <i>Tommy Johnson</i> (CL) ³</p> <p>Daylight Saving Time Ends</p>	<p>9:30 Gentle Stretching (FC) ⁴ 10:00 BANK TRIP 10:00 Water Fitness (AC) 10:30 Balance (FC) 11:00 Bingo 1:45 WALMART 1:30 Basic Aerobics (FC)</p>	<p>10:00 VOTING ⁵ 11:00 Fit & Tone (FC) 1:00 VOTING</p> <p>Election Day</p>	<p>8:30 Hearing Aid Cleaning (AR) ⁶ 9:30 Southside Presbyterian Prayer Service (CH) 10:00 Water Fitness (AC) 10:30 Balance (FC) 11:00 Bingo 1:30 Basic Aerobics (FC) 3:30 Great Course: Vietnam War (CL) 6:30 Music w/Marge (L)</p>	<p>11:00 Fit & Tone (FC) ⁷ 2:00 PREFERRED HOME CARE & BELTONE PRESENTATION W/FREE HEARING TESTS (CL) 7:00 Bible Study (CL)</p>	<p>9:45 Basic Aerobics (FC) ⁸ 9:45 JACK DANIEL DISTILLERY & LUNCH @ MISS MARY BOBO'S 10:30 Balance (FC) 11:00 Gentle Stretching (FC) 2:00 Rummikub</p>	<p>2:30 Rummikub (AR) ⁹ 7:00 Movie Night: <i>Man from Snowy River</i>, PG (CL)</p>
<p>2:30 Sunday Opera: <i>La Traviata</i> (CL) ¹⁰</p>	<p>10:00 KROGER ¹¹ 10:00 VETERANS DAY PROGRAM (CL) 1:45 WALMART</p> <p>Veterans Day</p>	<p>11:00 Fit & Tone (FC) ¹² 2:45 Blood Pressure Checks w/AMT (L)</p>	<p>9:30 Southside Presbyterian Prayer Service (CH) ¹³ 10:00 Water Fitness (AC) 10:30 Balance (FC) 11:00 Bingo 1:30 Basic Aerobics (FC) 3:30 Great Course: Vietnam War (CL) 6:30 Music w/Marge (L)</p>	<p>10:00 Cocoa the Therapy Dog (G) ¹⁴ 11:00 Fit & Tone (FC) 7:00 Bible Study (CL)</p>	<p>9:45 Basic Aerobics (FC) ¹⁵ 10:30 Balance (FC) 11:00 Gentle Stretching (FC) 2:00 Rummikub 3:30 Fall-Themed Wine & Cheese w/Al Keith (CL)</p>	<p>2:30 Rummikub (AR) ¹⁶ 7:00 Movie Night: <i>Peanut Butter Falcon</i>, PG-13 (CL)</p>
<p>3:00 Sunday Concert: <i>George Dudley</i> (CL) ¹⁷</p>	<p>9:30 Gentle Stretching (FC) ¹⁸ 10:00 BANK TRIP 10:00 Water Fitness (AC) 10:30 Balance (FC) 11:00 Bingo 1:45 WALMART 1:30 Basic Aerobics (FC)</p>	<p>11:00 Fit & Tone (FC) ¹⁹ 3:00 John Allen Historian Presentation (CL)</p>	<p>9:30 Southside Presbyterian Prayer Service (CH) ²⁰ 10:00 Water Fitness (AC) 10:30 Balance (FC) 11:00 Bingo 1:30 Basic Aerobics (FC) 3:30 Great Course: Vietnam War (CL) 6:30 Music w/Marge (L)</p>	<p>8:45 Back Stretch (FC; sign up only) ²¹ 11:00 Fit & Tone (FC) 1:00 BAILEY COVE LIBRARY TRIP 1:00 Sketch & Paint (AR) 7:00 Bible Study (CL)</p>	<p>9:45 Basic Aerobics (FC) ²² 10:30 Balance (FC) 11:00 Gentle Stretching (FC) 2:00 ALPACA FARM W/BEIGNETS & BREW 2:00 Rummikub (AR)</p>	<p>2:30 Rummikub (AR) ²³ 7:00 Movie Night: <i>Sully</i>, PG-13 (CL)</p>
					CHRISTMAS DECORATING: ALL DAY	
	<p>9:30 Gentle Stretching (FC) ²⁵ 10:00 PUBLIX 10:00 Water Fitness (AC) 10:30 Balance (FC) 1:30 Basic Aerobics (FC) 1:45 WALMART</p>	<p>10:30 Bake Sale (G) ²⁶ 10:30 CATHOLIC MASS (CL) 11:00 Fit & Tone (FC)</p>	<p>9:30 Southside Presbyterian Prayer Service (CH) ²⁷ 10:00 Water Fitness (AC) 10:30 Balance (FC) 11:00 Bingo 1:30 Basic Aerobics (FC) 3:30 Great Course: Vietnam War (CL) 6:30 Music w/Marge (L)</p>	<p>²⁸</p>  <p>Thanksgiving</p>	<p>9:45 Basic Aerobics (FC) ²⁹ 10:30 Balance (FC) 11:00 Gentle Stretching (FC) 2:00 Rummikub</p>	<p>2:30 Rummikub (AR) ³⁰ 7:00 Movie Night: <i>Hobson's Choice</i>, NR (CL) Iron Bowl Watch Party (TBD)</p>
CHRISTMAS DECORATING: ALL DAY						