



# Redstone SELECT

# September 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 <p>REDSTONE VILLAGE</p>					9:00-12:00 Tag Sale <sup>1</sup> (IL Club Room) 10:00 Wii Bowling 11:00 Balance (IL Fitness Center) 3:00 Rummikub (IL Arts & Crafts Room)	7:00 Movie Night: <sup>2</sup> <i>Night in Rodanthe</i> (IL Club Room)
2:30 Musical in the Club Room: <i>The Music Man</i> <sup>3</sup>	 <p><sup>4</sup></p>	10:00 Wii Bowling <sup>5</sup> 11:00 Low-Impact Aerobics (IL Fitness Center) 2:00 Gentle Stretching (IL Fitness Center)	10:00 Balance <sup>6</sup> 11:00 Bingo 2:00 Jewelry Making 6:30 Music w/Marge (IL Lobby)	11:00 Low-Impact Aerobics <sup>7</sup> (IL Fitness Center) 1:00 Brush & Canvas (IL Arts & Crafts Room) 2:00 Gentle Stretching (IL Fitness Center) 3:00 Rummikub 7:00 Bible Study (IL Club Room)	10:00 Wii Bowling <sup>8</sup> 11:00 Balance (IL Fitness Center) 3:30 Wine & Cheese: Travel-Themed w/JD Pollard (IL Club Room)	7:00 Movie Night: <sup>9</sup> <i>Big</i> (IL Club Room)
3:00 Sunday Concert: <sup>10</sup> <i>Jennifer Jonas</i> (IL Club Room)	8:45 Gentle Stretching <sup>11</sup> (IL Fitness Center) <b>10:00 KROGER</b> 10:00 Coffee & Donuts w/Healthcare Team (SN Lobby) 11:00 Bingo <b>1:45 WALMART</b>	10:00 Wii Bowling <sup>12</sup> 11:00 Low-Impact Aerobics (IL Fitness Center) 2:00 Gentle Stretching (IL Fitness Center) 3:30 Strawberry Shortcake w/Admin Team (IL Lobby)	9:15 Balance <sup>13</sup> 1:30 Bingo Party w/Lifestyles Team (IL Club Room) 3:30 Great Course: Reconsidering JFK (IL Club Room) 6:30 Music w/Marge (IL Lobby)	2:00 Gentle Stretching <sup>14</sup> (IL Fitness Center) 2:00 Ice Cream Floats w/Marketing Team (IL Café) 2:00-4:00 Resident Art Show (IL Gallery) 7:00 Bible Study (IL Club Room)	10:00 Wii Bowling <sup>15</sup> <b>10:00 PICNIC &amp; WHEELER            LAKE BOAT RIDE</b> 11:00 Balance (IL Fitness Center) 3:00 Rummikub (IL Arts & Crafts Room)	7:00 Movie Night: <sup>16</sup> <i>80 for Brady</i> (IL Club Room)
3:00 Billiards & Paddles <sup>17</sup> (Billiards Room)	8:45 Gentle Stretching <sup>18</sup> (IL Fitness Center) <b>10:00 BANK TRIP</b> 11:00 Bingo <b>1:45 WALMART</b>	10:00 Wii Bowling <sup>19</sup> 11:00 Low-Impact Aerobics (IL Fitness Center) 2:00 Gentle Stretching (IL Fitness Center)	9:15 Balance <sup>20</sup> 11:00 Bingo 2:00 Jewelry Making 3:30 Great Course: Reconsidering JFK (IL Club Room) 6:30 Music w/Marge (IL Lobby)	2:00 Gentle Stretching <sup>21</sup> (IL Fitness Center) 3:00 Rummikub 7:00 Bible Study (IL Club Room)	10:00 Wii Bowling <sup>22</sup> 11:00 Balance (IL Fitness Center) 3:30 Wine & Cheese: Western-Themed w/Tim Knecht (IL Club Room)	7:00 Movie Night: <sup>23</sup> <i>Poms</i> (IL Club Room)
3:00 Sunday Concert: <sup>24</sup> <i>Jennifer Jonas</i> (IL Club Room)	8:45 Gentle Stretching <sup>25</sup> (IL Fitness Center) <b>10:00 KROGER</b> 11:00 Bingo <b>1:45 WALMART</b> 3:30 Penny Auction	10:00 Wii Bowling <sup>26</sup> 11:00 Low-Impact Aerobics (IL Fitness Center) 12:00 Lunch w/Jessica (Café) 2:00 Gentle Stretching (IL Fitness Center)	9:15 Balance <sup>27</sup> 11:00 Bingo 3:30 Great Course: Reconsidering JFK (IL Club Room) 6:30 Music w/Marge (IL Lobby)	1:00 Brush & Canvas <sup>28</sup> (IL Arts & Crafts Room) 2:00 Gentle Stretching (IL Fitness Center) 3:00 Rummikub 7:00 Bible Study (IL Club Room)	10:00 Wii Bowling <sup>29</sup> 11:00 Balance (IL Fitness Center) 3:00 Rummikub (IL Arts & Crafts Room)	7:00 Movie Night: <sup>30</sup> <i>Uncharted</i> (IL Club Room)