


# FAIRVIEW

# February 2019

| SUNDAY   | MONDAY   | TUESDAY   | WEDNESDAY  | THURSDAY   | FRIDAY  | SATURDAY   |
|--|--|---|--|--|---|--|
|  |  |   |  |  | 9:00 Low-Impact Aerobics <b>1</b><br>9:30 Refreshments<br>10:00 Satin Hands<br>11:00 Friday Fun Facts<br>1:30 Heart Expressions<br>2:30 Connect 4<br>3:30 Afternoon Exercise        | 9:00 Morning Stretching <b>2</b><br>9:30 Groundhog Shadow Reveal<br>10:00 Troy Adams<br>11:00 Satin Hands<br>1:30 Good Humor Cart<br>2:00 BINGO & Prizes<br>3:30 Ice Cream<br>4:00 Unscramble Words<br><br>Groundhog Day |
| 9:00 Chair Stretching <b>3</b><br>9:30 Let's Sing Hymns<br>10:30 Highland Church Channel 9<br>11:30 Pampered Hands<br>1:30 Good Humor Cart<br>2:30 Super Bowl Party<br>3:30 Balloon Toss<br><br><b>"Smile - It's the Key that Fits the Locks on Everyone's Hearts."</b>            | 9:00 Monday Workout <b>4</b><br>10:00 Refreshment Time<br>11:00 "It Takes Two"<br>2:00 Ball Toss<br>2:30 Cookie Time<br>3:00 Let's Play Cards          | 9:00 Flyswatter Volleyball <b>5</b><br>9:15 Communion Service (AL)<br>9:45 Sing Along w/Jennifer Jonas<br>11:00 Art Therapy<br>1:30 Good Humor Cart<br>2:00 Valentine Artwork<br>3:00 Tuesday Tone Up<br><br>Chinese New Year | 9:00 Wake Up Workout <b>6</b><br>10:15 Music w/Marge<br>11:30 Cooking Corner<br>1:00 Bible Study<br>2:00 BINGO & Prizes<br>3:00 Refreshments<br>4:00 Balloon Toss  | 9:00 Balloon Toss <b>7</b><br>9:45 Morning Praise w/Pastor Dan<br>10:30 Baking Cookies<br>11:00 Thursday Trivia<br>1:30 Good Humor Cart<br>2:30 Cocoa & Chatting<br>3:00 Heart Work<br>3:30 Mindful Moments                              | 9:00 Chair Yoga <b>8</b><br>10:00 Refreshments<br>10:30 Satin Hands<br>11:00 Friday Fun Facts<br>1:00 Bible Study<br>1:30 Art Therapy<br>2:30 Greedy Granny<br>3:30 Big Ball Bounce | 9:00 Early Bird Stretching <b>9</b><br>9:30 Cookie Time<br>10:00 "Cinderella Story"<br>1:30 Good Humor Cart<br>2:00 BINGO & Prizes<br>3:30 Ice Cream Social<br>4:00 Flyswatter Volleyball                                |
| 9:00 Chair Yoga <b>10</b><br>9:30 Cookie Time<br>10:30 The Rock Church Channel 5<br>11:30 Pampered Hands<br>1:30 Good Humor Cart<br>2:30 Let's Play Dominoes<br>3:30 Let's Stretch<br><br><b>"It's Not What We Have in Life but Who We Have in Life that Matters."</b>             | 9:00 Ball Toss <b>11</b><br>10:00 Let's have Cake<br>11:00 "Casablanca"<br>2:00 Balloon Volleyball<br>2:30 Refreshments<br>3:00 Dominoes               | 9:00 Circle of Friends <b>12</b><br>10:00 Refreshment Time<br>11:00 Heart Work<br>1:30 Good Humor Cart<br>2:00 Let's Make Valentine Cards<br>3:00 Tuesday Ball Toss   | 9:00 Chair Yoga <b>13</b><br>10:15 Music w/Marge<br>11:00 Chocolate-Covered Strawberries<br>1:00 Bible Study<br>1:30 Finish that Phrase<br>2:00 BINGO & Prizes<br>3:00 Refreshments<br>3:30 Ring of Hearts | 9:00 Light Weight Exercise <b>14</b><br>9:45 Morning Praise w/Pastor Dan<br>10:30 Baking Heart Cookies<br>11:00 Thursday Trivia<br>1:30 Good Humor Cart<br>2:00 Valentine's Party<br>3:30 Red Balloon Volleyball<br><br><b>WEAR RED!</b> | 9:00 Low-Impact Aerobics <b>15</b><br>10:30 Rocking w/Ray<br>11:30 Pampered Hands<br>1:00 Bible Study<br>1:30 Art Therapy<br>2:30 Trouble<br>3:30 Afternoon Exercise                | 9:00 Stretching <b>16</b><br>9:30 Refreshment Time<br>10:00 "I Love Lucy" Marathon<br>1:30 Good Humor Cart<br>2:00 BINGO & Prizes<br>3:30 Ice Cream<br>4:00 Big Balloon Bounce   |
| <b>RANDOM ACTS OF KINDNESS WEEK</b>  |  |   |  |  |   |  |
| 9:00 Gentle Stretching <b>17</b><br>9:30 Refreshments<br>10:30 The Rock Church Channel 5<br>11:30 Pampered Hands<br>1:30 Good Humor Cart<br>2:30 Let's Play Games<br>3:30 Flyswatter Volleyball<br><br><b>"A House is Made of Wood &amp; Stone but Only Love Can Make a Home."</b> | 9:00 Flyswatter Ball <b>18</b><br>10:00 Dobby the Dog Show<br>11:00 "Gone with the Wind"<br>2:00 Chair Yoga<br>2:30 Refreshments<br>3:00 Art Therapy   | 9:00 Sit to be Fit <b>19</b><br>9:15 Communion Service (AL)<br>9:45 Sing Along w/Jennifer Jonas<br>11:00 Resident Council Meeting<br>1:30 Good Humor Cart<br>2:00 Taste of Tea Social<br>3:00 Tuesday Stretching              | 9:00 Wake-Up Workout <b>20</b><br>10:15 Music w/Marge<br>11:00 Cooking Corner<br>1:00 Bible Study<br>2:00 BINGO & Prizes<br>3:00 Refreshments<br>4:00 Ring the Hearts                                      | 9:00 Flyswatter Ball <b>21</b><br>9:45 Morning Praise w/Pastor Dan<br>10:30 Baking Cookies<br>11:00 Thursday Trivia<br>1:30 Good Humor Cart<br>2:30 Demonstration Station<br>3:30 Mindful Moments  | 9:00 Chair Aerobics <b>22</b><br>10:00 Satin Hands<br>11:00 Friday Fun Facts<br>1:00 Bible Study<br>1:30 Heart Expressions<br>2:30 Dominoes<br>3:30 Big Ball Bounce                 | 9:00 Good Morning Stretching <b>23</b><br>9:30 Refreshments<br>10:00 "National Treasure"<br>1:30 Good Humor Cart<br>2:00 BINGO & Prizes<br>3:30 Refreshments<br>4:00 Flyswatter Ball                                     |
| <b>ENGINEER WEEK</b>   |  |   |  |  |   |  |
| 9:00 Balloon Toss <b>24</b><br>9:30 Cookie Time<br>10:30 The Highland Church Channel 9<br>11:00 Pampered Hands<br>1:30 Good Humor Cart<br>2:30 Let's Play Cards<br>3:00 Chair Yoga<br><br><b>"A Family is a Circle of Friends Who Love You."</b>                                   | 9:00 Balloon Volleyball <b>25</b><br>10:00 Cobbler Time<br>11:00 "Jurassic Park"<br>2:00 Sit to be Fit<br>2:30 Refreshments<br>3:00 Finish that Phrase | 9:00 Circle of Friends <b>26</b><br>9:30 Birthday Celebration<br>11:30 Pampered Hands<br>1:30 Good Humor Cart<br>2:00 Making Heart Collages<br>3:00 Tuesday Warm Up   | 9:00 Sit to be Fit <b>27</b><br>10:15 Music w/Marge<br>11:00 Cooking Corner<br>1:00 Bible Study<br>1:30 Balloon Ball<br>2:00 BINGO & Prizes<br>3:00 Refreshments<br>4:00 Ring Toss                         | 9:00 Big Ball Toss <b>28</b><br>9:45 Morning Praise w/Pastor Dan<br>10:30 Baking Cookies<br>11:00 Thursday Trivia<br>1:30 Good Humor Cart<br>2:30 Coffee & Chatting<br>3:00 Mindful Moments<br>3:30 Sit to be Fit                        |   | <br>REDSTONE VILLAGE  |