

Gold Room Dining Sample Menu

Soups of the Day

Carrot Ginger

Gouda Cheese Soup

Main Course Selections

Blue Zone − Grilled Salmon Salad *♥

Grilled fresh filet on assorted mixed greens with peaches, goat cheese and pecans.

Choice of dressing.

Teriyaki Steak *

Tender beef ribbons in classic teriyaki sauce.

Tarragon Chicken *♥

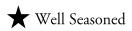
Baked boneless breast marinated in tarragon and spices.

Topped with Tarragon Chicken Cream Sauce.

Side Selections

Rice with Pineapple Spring Blend Vegetable Bok Choy







The Village Everyday Sample Menu

"Blue Zone" is a concept used to identify a geographic region where people live measurably longer lives, mainly due to lifestyle choices.

"Blue Zone" Caesar Salad

Crisp Romaine, Red Onion, Shaved Parmesan Cheese and Seasoned Croutons with Creamy Caesar Dressing on the side and your choice of Grilled Chicken or Salmon.

(Avail. Thurs. & Sat.)

"Blue Zone" Spinach and Cranberry Stuffed Salmon

Fresh Salmon stuffed with Dried Cranberries, Fresh Spinach and Pecans.

Baked and served with a Grilled Lemon Garnish.

"Blue Zone" Roasted Tomato and Artichoke Pesto Pasta with Chicken

Tri-Color Rotini Pasta tossed with Garden Vegetables including Kale Mushrooms, Red Peppers and Cannellini Beans in Basil Pesto Sauce topped with Grilled Chicken Breast.

Philly Cheesesteak Sandwich

Tender Beef with Sautéed Onions and Peppers on a Warmed Hoagie Bun with Melted Provolone Cheese.

Grilled Hamburger or Cheeseburger

An All-Beef Hamburger Patty cooked on the Grill and served with Lettuce, Tomato and Onion.

Entrée Choices

Filet of Beef	Grilled Salmon	Catfish Filet	Grilled Chicken Breast
Grilled 4 ounce	4 ounce Fillet	5-6 ounce Fillet	5 ounce Boneless Breast
Beef Tenderloin	(Available Thurs.& Sat)	Served Fried or Baked	
(Available Wed.&	Fri.)		

Sides

Baked Irish Potato	Cole Slaw
French Fries	Apple Sauce
Sweet Potato Fries	
Steamed Corn	Steamed Whole Green Beans
	French Fries Sweet Potato Fries

^{**}Consuming Raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness.**