

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

<p>9:00-10:00 Swimming Laps AC</p> <p>10:30 Sunday Brunch DR</p> <p>5:00-7:00 Swimming AC</p>	<p><b>1</b></p> <p>10:00 Fit For A Cure By Dillard's AR</p> <p>10:00 Needlework AR</p> <p>11:00 Balance FC</p> <p>11:00 Dining Services Committee C (Members Only)</p> <p>1:00 - 2:00 Hospice Facility Tour</p> <p>2:00 Shopping: Wal-Mart</p> <p>1:30 Qi Gong FC</p> <p>2:30 Basic Aerobics FC</p> <p>6:45 Bingo CL</p> <p>7:00 Poker PR</p>	<p><b>2</b></p> <p>8:30 Morning Inspiration AR</p> <p>9:00-10:00 Swimming AC</p> <p>10:30 Low Impact Exercise FC</p> <p>1:30 Chair Yoga FC</p> <p>2:00 Rock Painting With Paige AR</p> <p>2:00 - 3:00 Wellness Clinic</p> <p>3:00 Penny Poker PR</p> <p>6:45 Party Bridge CR</p>	<p><b>3</b></p> <p>10:30 Mental Floss AR (Keep Your Brain Trained)</p> <p>11:00 Balance Exercise FC</p> <p>12-5:00 Golf Putting Green GG</p> <p>1:00 Village Chorus CL</p> <p>1:30 Qi Gong FC</p> <p>2:30 Basic Aerobics FC</p> <p>6:30 Duplicate Bridge CR</p>	<p><b>4</b></p> <p>10:00 Chair Yoga FC</p> <p>11:00 Low Impact FC</p> <p>11:00 Basket Making AR</p> <p>1:00 - 2:00 Wellness Clinic</p> <p>2:00 Duck Race</p> <p>3:30 Wine &amp; Cheese CL</p> <p>Entertainment: Al Keith Band</p> <p>6:30 Dominos AR</p> <p>7:00 Bible Study CR</p> <p>7:00 Poker PR</p> <p>Sukkot</p>	<p><b>5</b></p> <p>8:30 Morning Inspiration AR</p> <p>10:0 Hearing Aids Cleaned AR (Dr. Mark Hagood's Staff)</p> <p>10:30 Balance Class FC</p> <p>1:30 Puzzles G</p> <p>2:00 Tai Chi FC</p> <p>3:00 Stories Read By Louise and Treats With Kim AR</p> <p>6:30 Hand and Foot CR</p>	<p><b>6</b></p> <p>9:00-10:00 Swimming Laps AC</p> <p>5:00-7:00 Swimming AC</p> <p>7:00 Movie Night</p> <p>See white board for Movie Information</p>
<p>9:00-10:00 Swimming Laps AC</p> <p>10:30 Sunday Brunch DR</p> <p>5:00-7:00 Swimming AC</p>	<p><b>8</b></p> <p>9:00 Bank Trip</p> <p>10:00 Needlework AR</p> <p>10:30 Morning Meditation FC</p> <p>11:00 Balance FC</p> <p>1:00-3:00 Parkway Place</p> <p>2:00 Shopping: Wal-Mart</p> <p>1:30 Qi Gong FC</p> <p>2:30 Basic Aerobics FC</p> <p>6:45 Bingo CL</p> <p>7:00 Poker PR</p> <p>Columbus Day (US)</p> <p>Thanksgiving Day (Canada)</p>	<p><b>9</b></p> <p>8:30 Morning Inspiration AR</p> <p>9:00-10:00 Swimming AC</p> <p>9:30 Catholic Service AL</p> <p>10:30 Low Impact Exercise FC</p> <p>1:30 Chair Yoga FC</p> <p>2:00 Resident Council CL</p> <p>2:00 - 3:00 Wellness Clinic FC</p> <p>3:00 Penny Poker PR</p> <p>6:45 Party Bridge CR</p>	<p><b>10</b></p> <p>10:00-11:00 South Central Recycling - Bring Your Items To Be Shredded</p> <p>10:30 Morning Meditation FC</p> <p>10:30 Mental Floss AR (Keep Your Brain Trained)</p> <p>11:00 Balance Exercise FC</p> <p>12-5:00 Golf Putting Green GG</p> <p>1:00 Village Chorus CL</p> <p>1:30 Qi Gong FC</p> <p>2:30 Basic Aerobics FC</p> <p>6:30 Duplicate Bridge CR</p>	<p><b>11</b></p> <p>10:00 Chair Yoga FC</p> <p>9:30 Guntersville AL</p> <p>Lunch: Guntersville State Park</p> <p>11:00 Low Impact FC</p> <p>11:00 Basket Making AR</p> <p>1:00 - 2:00 Wellness Clinic</p> <p>2:00 Commissary</p> <p>2:30 Water Aerobics FC</p> <p>4:00 Hymns With Marge L</p> <p>6:30 Dominos AR</p> <p>7:00 Bible Study CR</p> <p>7:00 Poker PR</p>	<p><b>12</b></p> <p>8:30 "Discussion Group" CL With Jane</p> <p>9:00 - 11:30 Paintbrush And Palette</p> <p>10:30 Balance Class FC</p> <p>1:30 Puzzles G</p> <p>2:00-4:00 Flu Shots CL</p> <p>2:00 Tai Chi FC</p> <p>3:00 Rock Painting With Monique AR</p> <p>6:30 Hand and Foot CR</p>	<p><b>13</b></p> <p>9:00-10:00 Swimming Laps AC</p> <p>5:00-7:00 Swimming AC</p> <p>7:00 Movie Night</p> <p>See white board for Movie Information</p>
<p>9:00-10:00 Swimming Laps AC</p> <p>10:30 Sunday Brunch DR</p> <p>5:00-7:00 Swimming AC</p>	<p><b>15</b></p> <p>10:00 Needlework AR</p> <p>10:00 Shopping: Kroger &amp; Aldi's</p> <p>11:00 Balance FC</p> <p>1:30 Qi Gong FC</p> <p>2:00 Shopping: Wal-Mart</p> <p>2:30 Basic Aerobics FC</p> <p>6:45 Bingo CL</p> <p>7:00 Poker PR</p>	<p><b>16</b></p> <p>8:30 Morning Inspiration AR</p> <p>9:00-10:00 Swimming AC</p> <p>10:30 Low Impact Exercise FC</p> <p>1:30 Chair Yoga FC</p> <p>2:00 - 3:00 Wellness Clinic FC</p> <p>3:00 Penny Poker PR</p> <p>6:45 Party Bridge CR</p>	<p><b>17</b></p> <p>10:30 Mental Floss AR (Keep Your Brain Trained)</p> <p>11:00 Balance Exercise FC</p> <p>12:00 Happy Birthday</p> <p>October Luncheon DR</p> <p>12-5:00 Golf Putting Green GG</p> <p>1:00 Village Chorus CL</p> <p>1:30 Qi Gong FC</p> <p>2:30 Basic Aerobics FC</p> <p>3:30 Housekeeping Committee C</p> <p>6:30 Duplicate Bridge CR</p>	<p><b>18</b></p> <p>8:30 The Phantom Tollbooth Performance At The New Grissom High School Theater - Lunch Afterwards At Blue Plate Cafe</p> <p>10:00 Chair Yoga FC</p> <p>11:00 Low Impact FC</p> <p>1:00 - 2:00 Wellness Clinic</p> <p>2:30 Water Aerobics FC</p> <p>4:00 Hymns With Marge L</p> <p>6:30 Dominos AR</p> <p>7:00 Bible Study CR</p> <p>7:00 Poker PR</p>	<p><b>19</b></p> <p>8:30 Morning Inspiration AR</p> <p>10:30 Balance Class FC</p> <p>1:00 Wii Bowling Championship And Party BR</p> <p>1:30 Puzzles G</p> <p>2:00 Security Meeting C</p> <p>2:00 Tai Chi FC</p> <p>3:00 Stories Read By Louise and Treats With Kim AR</p> <p>6:30 Huntsville Symphony Orchestra</p> <p>6:30 Hand and Foot CR</p>	<p><b>20</b></p> <p>9:00-10:00 Swimming Laps AC</p> <p>5:00-7:00 Swimming AC</p> <p>7:00 Movie Night</p> <p>See white board for Movie Information</p>
<p>9:00-10:00 Swimming Laps AC</p> <p>10:30 Sunday Brunch DR</p> <p>5:00-7:00 Swimming AC</p>	<p><b>22</b></p> <p>9:00 Bank Trip</p> <p>10:00 Needlework AR</p> <p>10:00 Shopping: Publix</p> <p>11:00 Balance FC</p> <p>1:30 Qi Gong FC</p> <p>2:00 Monique's Medicine "Seasonal Immune Support"</p> <p>2:00 Shopping: Wal-Mart</p> <p>2:30 Basic Aerobics FC</p> <p>6:45 Bingo CL</p> <p>7:00 Poker PR</p>	<p><b>23</b></p> <p>8:30 Morning Inspiration AR</p> <p>9:00-10:00 Swimming AC</p> <p>9:30 Catholic Service AL</p> <p>10:30 Low Impact Exercise FC</p> <p>12:00 Lunch With Jane DR</p> <p>A-Wing 2nd Floor</p> <p>1:30 Chair Yoga FC</p> <p>2:00 - 3:00 Wellness Clinic FC</p> <p>3:00 Penny Poker PR</p> <p>6:45 Party Bridge CR</p>	<p><b>24</b></p> <p>10:30 Mental Floss AR (Keep Your Brain Trained)</p> <p>11:00 Balance Exercise FC</p> <p>12-5:00 Golf Putting Green GG</p> <p>1:00 Village Chorus CL</p> <p>1:30 Qi Gong FC</p> <p>2:30 Basic Aerobics FC</p> <p>3:00 Social Butterfly AR</p> <p>Bring Something That Represents Fall</p> <p>6:30 Duplicate Bridge CR</p>	<p><b>25</b></p> <p>10:00 Chair Yoga FC</p> <p>10:30 Ardmore, AL</p> <p>Lunch: "Mildred's Buffet" Scott's Apple Orchard</p> <p>11:00 Low Impact FC</p> <p>11:00 Basket Making AR</p> <p>1:00 - 2:00 Wellness Clinic</p> <p>2:00 Pumpkin Painting With Paige</p> <p>2:30 Water Aerobics FC</p> <p>4:00 Hymns With Marge L</p> <p>6:30 Dominos AR</p> <p>7:00 Bible Study CR</p> <p>7:00 Poker PR</p>	<p><b>26</b></p> <p>8:30 Morning Inspiration AR</p> <p>9:00 - 11:30 Paintbrush And Palette</p> <p>0:30 Balance Class FC</p> <p>1:30 Puzzles G</p> <p>2:00 Security Meeting CR</p> <p>2:00 Tai Chi FC</p> <p>3:30 Halloween Wine &amp; Cheese CL</p> <p>Costume Contest</p> <p>Entertainment: J D Pollard</p> <p>6:30 Hand and Foot CR</p>	<p><b>27</b></p> <p>9:00-10:00 Swimming Laps AC</p> <p>5:00-7:00 Swimming AC</p> <p>7:00 Movie Night</p> <p>See white board for Movie Information</p>
<p>9:00-10:00 Swimming Laps AC</p> <p>10:30 Sunday Brunch DR</p> <p>5:00-7:00 Swimming AC</p>	<p><b>29</b></p> <p>8:30 Morning Inspiration AR</p> <p>10:00 Needlework AR</p> <p>10:00 Men's Discussion Group CL</p> <p>11:00 Balance FC</p> <p>2:00 Shopping: Wal-Mart</p> <p>6:45 Bingo CL</p> <p>7:00 Poker PR</p>	<p><b>30</b></p> <p>9:00-10:00 Swimming AL</p> <p>9:30 Trick Or Treaters From Stepping Stone And Bright Light School</p> <p>10:30 Low Impact Exercise FC</p> <p>1:30 Chair Yoga FC</p> <p>2:00 - 3:00 Wellness Clinic FC</p> <p>2:00 Halloween Treats With Kim</p> <p>3:00 Penny Poker PR</p> <p>6:45 Party Bridge CR</p> <p>Halloween</p>	<p><b>31</b></p> <p style="text-align: center;"><i>October 2017</i></p> <p style="text-align: center;"><i>Redstone Village Independent Living</i></p>			